

Dr. Mona Jain Middle School



Kate Barlaug, Principal
Jason Dudczak, Assistant Principal
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August 11, 2023

Dear Parent/Guardian,

The purpose of this letter is to inform you of mandatory education requirements set forth by the Florida Department of Education.

State Statute 6A-1.094124 Required Instruction Planning and Reporting says that all students in grades 6-12 are required to receive education on the following topics:

1. Strategies specific to demonstrating resiliency through adversity, including the benefits of service to the community through volunteerism.
2. Strategies to develop healthy characteristics that reinforce positive core values and foster resiliency, such as:
 - a. Empathy, perseverance, grit, gratitude, and responsibility
 - b. Critical thinking, problem solving and responsible decision making.
 - c. Self-awareness and self-management
 - d. Mentorship and citizenship
 - e. Honesty
3. Recognition of signs and symptoms of mental health concerns
4. Promotion of resiliency to empower youth to persevere and reverse the harmful stigma of mental health by reframing the approach from mental health education to resiliency education.
5. Strategies to support a peer, friend, or family member through adversity.
6. Prevention of suicide
7. Prevention of the abuse of and addiction to alcohol, nicotine, and drugs
8. Awareness of local school and community resources and the process for accessing assistance
9. Recognition of signs of human trafficking
10. Awareness of resources, including national, state, and local resources
11. Information on the prevalence, nature, and strategies to reduce the risk of human trafficking, techniques to set healthy boundaries, and how to safely seek assistance.
12. Information on how social media and mobile device applications are used for human trafficking.

These lessons are scheduled to take place periodically throughout the school year at your student's school. Child trafficking content will be sources through the developmentally appropriate, evidence-based program MBF Teen Safety Matters®. Mental and Emotional Health Education, along with alcohol and drug education will be delivered through a combination of classroom lessons and a digital platform available to view through the Florida Department of Education at Home (cpalms.org).

If you have any questions or concerns, you may contact your school's administration and/or student services team. For more information on the state mandates, please visit: <http://www.fldoe.org/>



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